



# FIVE COUNTY NEWS FROM 'R' VIEW

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## **Director's Dialogue**

Autumn brings financial auditors to the AOG offices to review and analyze activities accomplished during the fiscal year that ended on 30 June. Internal close-out work shows that the organization is on an even keel, with expenditures matching closely with revenues.

At this point in the current fiscal year, we are finalizing contracts for services and activities into 2013. Most programs reflect a status quo approach by Congress budgeting into the next federal fiscal year beginning in October. The unanswered question remains what will happen if Congress cannot avoid automatic sequestrations slated to occur in January 2013. All indicators point to cuts in the 12 to 20 percent range.

Program activities will proceed as described in current contracts until formal notices of sequestration are received. In the meantime, the management team will be analyzing how potential cuts up to 20 percent will be implemented.

During 2012 Steering Committee meetings, each program director has been provided with an opportunity to review the purpose of each program administered by the Association of Governments, how each program is funded, why the AOG has been given the responsibility to operate the program, and how the program benefits residents of the region. These reviews will conclude at the October 10 meeting in Cedar City. A compilation of the reports, updated to the end of fiscal year 2012, will be provided. The report will also focus on the dozens of individuals who serve on more than 10 advisory committees that provide invaluable advice and recommendations to the Steering Committee.

I would like to publicly thank each program director for the excellent way in which the major activities of the AOG are accomplished. They include:

**Lis Barker** - Child Care Resource & Referral  
**Doug Carlson** - Housing Rehabilitation/Weatherization  
**Sherri Dial** - Community Action Program  
**Carol Hollowell** - Volunteer Centers / Senior Corps  
**Curt Hutchings** - Transportation Planning  
**Susan Long** - Home Energy Assistance (HEAT)  
**Carrie Schonlaw** - Area Agency on Aging / In-Home Services  
**Gary Zabriskie** - Community & Economic Development

**Important!! See the inside pages for information on the CDBG program and the back page of this newsletter for CDBG "How to Apply Workshop" dates & locations.**

## **Dixie Metropolitan Planning Organization Receives Quality Growth Award**

Dixie Metropolitan Planning Organization (MPO) was recently honored with a 2012 Envision Utah Governor's Quality Growth Award for innovations that enhance the quality of life in Utah. The private-public partnership recognized the efforts on August 21, 2012 at a ceremony at the Governor's Mansion in Salt Lake City.

MPO staff partnered in the development of Utah's *Unified Transportation Plan (2011-2040)*. Utah is the first U.S. state to integrate statewide and regional transportation plans into one document that summarizes anticipated needs for road capacity and maintenance, as well as transit improvements and operations for the state, urban and rural areas.

Other participating organizations that contributed to the plan were the Cache Metropolitan Planning Organization, Mountainland Association of Governments, Utah Department of Transportation, Utah Transit Authority and the Wasatch Front Regional Council.

A link to the Unified Transportation Plan is located at <http://dixiempo.wordpress.com/plans-reports-studies/>

Forty projects totaling more than \$620 million are identified for completion in the urbanized area of Washington County between 2011 and 2020.

This example of coordination and cooperation occurs regularly in many facets of governing in Utah. In the coming months, Five County AOG staff will be partnering with member jurisdictions to update and compile coordinated plans for economic development, housing, community development, transportation and many other activities that meet one of the founding principles of creating Associations of Government:

*To facilitate intergovernmental cooperation and to ensure the orderly and harmonious coordination of federal, state and local programs for the solution of mutual problems of the region (Articles of Association, August 1973)*

We look forward to many more examples of effective coordination becoming reality over the coming month and years.



## **Community Development Block Grant (CDBG) Program FY 2013**

Once again it is time to start planning for the next application cycle of the Utah Small Cities Community Development Block Grant Program. The 2013 program year will be the thirty-second year in which the Small Cities CDBG Program has been administered by the state of Utah. The purpose of Community Development Block Grants is *"To assist in developing viable urban communities by providing decent housing, a suitable living environment and expanding economic opportunities, principally for persons of low and moderate income (LMI)"*.

This program funnels allocations of federal Housing and Urban Development funds through the Utah State Division of Housing and Community Development to communities of less than 50,000 and counties of less than 200,000 in population. Since the program's inception in 1982, the CDBG program has injected over \$17.5 million into our region's local infrastructure, community facilities, and urgent health and safety needs.

Local projects have included water system improvements, fire stations, sewer systems, senior citizen centers, housing projects, ambulance garages, etc. Additionally, \$5.5 million in CDBG funds has also been used to foster the region's economic growth by capitalizing the regional Revolving Loan Fund providing supplemental financing to growing businesses; allowed the AOG to provide extensive planning and technical assistance to eligible local governments coping with community planning and zoning challenges; and was used to construct the Five County AOG office building located in St. George, UT.

The Steering Committee reviews and approves the rating and ranking matrix for the upcoming funding cycle on an annual basis during their August meeting. The application cycle, which begins with two "How to Apply" workshops in early November, will cover the 18-month contract period of June 2013 through December 2014. Applications will be due February 2, 2013, and will be submitted through the state of Utah Webgrants system. Application Policies and Procedures will be distributed at the workshops.

As you begin the process, please remember some important points:

- \* Projects must meet one of three "national objectives" - 1) Benefit to individuals with low or moderate incomes; 2) The alleviation of slums or blight; or 3) Urgent health and safety needs.
- \* Capital Improvement projects must be included in your community's capital improvement list to be submitted to the AOG.
- \* Applicants other than local governments must be sponsored by a local government entity.
- \* Communities should contact the AOG to determine if an income survey of residents is necessary.
- \* AOG staff is available to assist in the preparation of applications.

Each year the Five County region receives an allocation based upon a statewide formula utilizing a base amount and a per capita population distribution. Last year's total regional CDBG allocation was \$950,764. Funding was awarded to the following projects: **1) Five County Association of Governments, \$90,000--** Consolidated plan planning, administration, economic development technical assistance/planning, and housing/RLF program delivery; **2) Iron County, \$300,000--** Expansion of the Beryl Fire Station (years 1 and 2 of multi-year project); **3) Hatch Town, \$150,000--** Procurement of a new fire truck; **4) Minersville Town, \$300,000--** Expansion of town library (years 1 and 2 of multi-year project); and **5) Orderville Town, 67,000--** Red Hollow wells backup generator. The FY 2011 Washington City project, on behalf of Color Country Community Housing, was unable to move forward and an additional \$300,000 was available in FY 2012 for allocation in the Five County region. This made it possible to fund two multi-year applications in one funding cycle.

Projects must be mature - ready for timely implementation within the contract program year with secured funding commitments from other sources. In addition to the above, projects must be prioritized by local elected officials and the region Rating and Ranking system.

The CDBG "How-to-Apply" workshops are held for any town, city, county, special service district or non-profit agency in the Five County region that is considering applying for CDBG funding. Attendance at the workshop is required to be eligible to apply. (Note: all special service districts and non-profit agencies must arrange to have a city or county sponsor their project in order to be eligible to receive CDBG funding).

Jurisdictions may formally designate a third party representative (i.e., other city/county staff, consultant, engineer, or architect) to attend the workshop on their behalf. However, said designation by the jurisdiction must be in writing. The letter of designation must be provided to the Five County Association no later than at the beginning of the "How-to-Apply" workshop.

Examples of some of the types of eligible CDBG project activities:

### **Affordable Housing Projects:**

Acquisition of Property; New Construction; Rehabilitation; Demolition; Relocation Expenses; Site Improvements; Development Hard Costs; Multi-family, single-family, transitional, special needs; housing and homeless shelters

### **Community Development Projects:**

Culinary Water Improvements; Waste Water Improvements; Natural Gas Line Accessibility/Expansions; Flood Control Systems; Road, Street & Emergency Equipment; Historic Preservation; ADA Accessibility for Public Buildings; Acquisition of Property/Land; Community & Senior Centers; Rehabilitation of Slums & Blighted Areas; Parks, Recreation & Beautification Projects; Public Services

### **Economic Development Projects:**

Revolving Loan Fund (RLF) Program; Stimulate Private Investments; Interim/Short-term Financing Program; Industrial Parks and Commercial Centers

## Examples of Previous CDBG Projects



Beaver County  
Ambulance Garage



Parowan Senior  
Citizens Center



Alton Town Fire  
Station



Hatch Community Center

## Staff Spotlight



Dave Demas, Transportation  
Planner

Dave is the newest member of the Transportation Planning Division. He is a Professional Engineer in the state of Utah and comes to us with over 35 years of civil engineering experience. Dave spent over 21 years as the City Engineer for the City of St. George. This was a time where the City saw

tremendous growth, especially in the transportation area. One of his main areas of focus was, and still is Transportation and Traffic Engineering.

His passion for transportation has helped shape many of the projects you see being completed today. He was involved in the initial set up of the Dixie MPO and served as one of the original voting members of its Technical Advisory Committee until his departure from the City in 2010.

Although Dave has lived in the St. George area for the last 24 years, he was born and raised in the Salt Lake City area. Dave graduated from the University of Utah with a bachelors degree in Civil Engineering. (Yes, he is

true Red!) Throughout his schooling and after graduation he worked with a local consultant engineer before moving on to Sandy City where he served as their Capital Improvements Engineer and City Traffic Engineer. He has a wealth of experience in all aspects of Civil Engineering. Over the last couple of years Dave has been able to attend many of the transportation meetings with our rural partners in Iron County and Eastern Washington County and now looks forward to helping them with their Transportation Planning.

Dave is married with four children and six and ½ grandchildren. He is not quite an empty-nester yet. Dave enjoys sports, fly fishing, and coaching girls fast pitch softball. In his spare time he coaches softball for Dixie High as well as a local travel team. Dave is excited to be with us.

## Diabetes Self-Management Workshop

Five County Association of Governments Chronic Disease Self Management Program recently expanded to include "The Diabetes Self-Management Workshop". This workshop will begin October 2, 2012 at the St. George Senior Center 245 North 200 West, St. George, Utah. Classes are held every Tuesday for six weeks from 1:00-3:30 p.m.

People with Type 2 diabetes will attend the program in groups of 8-12. Workshops are facilitated from a highly detailed manual by two trained leaders, one or both of whom are peer leaders with diabetes themselves.

Subjects covered include: 1) Techniques to deal with the symptoms of diabetes, fatigue, pain, hyper/hypoglycemia, stress, and emotional problems such as depression, anger, fear and frustration; 2) Appropriate exercise for maintaining and improving strength and endurance; 3) Healthy eating; 4) Appropriate use of medication; and 5) Working more effectively with health care providers. Participants will make weekly action plans, share experiences, and help each other solve problems they encounter in creating and carrying out their self-management program. Physicians and other health professionals, both at Stanford and in the community, have reviewed all materials in the course.

It is the process in which the program is taught that makes it effective. Classes are highly interactive, where mutual support and success build the participants' confidence in their ability to manage their health and maintain active and fulfilling lives.

The program does not conflict with existing programs or treatment. Treatment is not altered. For medical questions, participants are referred to their physicians. If the content of the course conflicts with instructions they receive elsewhere, they are advised to follow their physicians' orders and discuss discrepancies with the physician.

## **CDBG HOW-TO-APPLY WORKSHOPS**

**Thursday, November 1, 2012 - 6:30 p.m.**  
Five County AOG Office, Conference Room  
1070 West 1600 South, Building B, St. George, UT

**Friday, November 2, 2012 - 10:00 a.m.**  
Panguitch City Fire Station, Training Room  
40 North 100 East, Panguitch, UT

Any jurisdiction that is contemplating applying for CDBG funding must assign at least one elected official from their governing body to attend one of the two scheduled workshops, whether you are applying directly, or if you are sponsoring another entity through your jurisdiction. A representative of the "other entity" must also be in attendance with the elected official. A post card will be mailed in October reminding jurisdictions of the upcoming workshops.

Please feel free to contact our office with any questions or to obtain further details. Additional information regarding the Community Development Block Grant Program can be found on the Five County website at:  
<http://fivecounty.utah.gov/programs/community/cdbg.php>

Please submit articles to Diane Lamoreaux via e-mail to ([dlamoreaux@fivecounty.utah.gov](mailto:dlamoreaux@fivecounty.utah.gov)) or in writing to: P.O. Box 1550; St. George, Utah 84771-1550.

For other information or services, please call (435) 673-3548 or visit our website at: <http://fivecounty.utah.gov>

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